



## **Prague Symposium on Crisis, Disaster and Trauma Psychology**

### **‘Lessons learned from the European Countries’**

Friday 20<sup>th</sup> of October 2017  
Time: 9.00 – 13.00 hrs.

Ministry of Interior, Prague 7, Nad Štolou 3.  
Czech Republic

*Organisation:*

*Standing Committee on Crisis, Disaster and Trauma Psychology EFPA  
The Union of Psychologists association of the Czech Republic  
The Ministry of the Interior of the Czech Republic.*

## **PROGRAM**

**8.30 – 9.00    Registration**

**9.00 – 9.15    Opening and Welcome**

**David Chovanec**  
**Director of Security Policy Department, Mol**

**Magda Rooze**  
**Convenor Standing Committee on Crisis, Disaster and Trauma**  
**Psychology EFPA**  
**Senior advisor Arq Psychotrauma Expert Group, The Netherlands**  
**The Netherlands**

**9.15 – 9.30    Aneta Langrová**  
**Police Presidium of the Czech Republic**

### **‘Psychological Services of Czech Police’**

Will be presented: Short introduction and experience of crisis interventional system (support to victims of crime and disasters), peer support system, Crisis Help Line and psychological care for Police officers.

**9.30 – 9.45    Zuzana Dittrichová**  
**Martina Wolf Čapková**  
**DG Fire Rescue Service of the Czech Republic**

### **‘Experience of system of Psychological service of Czech FRS’**

Will be presented: Experience of system of Psychological service of FRS of the Czech Republic, which main tasks are doing basis for personnel work and service, post-traumatic care for firefighters and psychosocial support of people attached by the emergency situations. The service has recently focused attention on the specific groups of people such as people with disabilities.

**9.45 – 10.00    Bohumila Baštecká**  
**Representative of Protestant Theological Faculty, Charles University**  
**in Prague, Czech Republic**

### **‘The twilight of psychological resilience programs in the army? Lessons learned’**

U. S. Army implemented in 2009 The Comprehensive Soldier Fitness program based on positive psychology to train all soldiers in resilience and to prevent PTSD. Now, we can take it as great psychosocial experiment resulting in doubts, questions and inspirations useful for psychotraumatology as a whole: PTSD doesn't seem to be preventable, only presumable; Clear theoretic framework linking prevention strategies to intended outcomes is missing; Coping is individualized, not universal; inducing positive mood can decrease coping ability in some individuals; Shame and guilt may be important for reconnection with others (= returning to “normal” context after deployment); Pervasive influence of trauma and grief-oriented therapists may reduce sensitivity to adaptive responses; The concept of resiliency itself is not defined clearly and unanimously; There are rather environmental than psychological prevention processes and causes of stress pathology.

Recommendation for psychologists: know and use real world (= combat environment) of their clients. Good message for conclusion: resilience training predicted e. g. improved morale.

**10.00 – 10.22 Noreen Tehrani**

**Representative of the Crisis Disaster and Trauma Section  
of the British Psychological Society**

**‘Screening of emergency service workers dealing with primary and secondary trauma’**

This presentation will provide the background and results of an online psychological screening programme that has been introduced into emergency service organisations in the UK. Some results from the screening programme will be presented

**‘Work with the recent terrorist attacks, Early interventions after the Grenfell Fire’**

**10:22-10:30 Salli Saari**

**Representative of the Finnish Psychological Association  
Leader of the Finnish Red Cross Preparedness Team of psychologists**

**‘Crisis help after the mass stabbing in Turku, Finland’**

On August 18<sup>th</sup> 2017, two days after Barcelona terror attack a mass stabbing took place at a market place in Turku. Two died and 8 were injured in the stabbing, one of them is the perpetrator. The victims were selected randomly. This meant that there were a lot of people, who thought that they could be the victims that they could have died. There were also a lot of eyewitnesses in the incidence. In my presentation I will concentrate on the crisis help of these groups.

**10.30-10.45 Dominique Szepielak**

**French Federation of Psychology and of Psychologists, French Navy,  
French Association of Terrorism Victims. Paris France**

**‘Children of Nice’**

Will be presented: Psychotherapeutic program for children, victims of the Nice assault.

**10.45 - 11.15 Discussion**

**11.15 – 11.30 Coffee Break**

**11.30 – 11.38 Mária Anyalaiová**

**Crisis and Disaster Interventionist, Therapist  
Slovak Republic**

**‘Crisis Interventions in Slovak Schools’**

Experience from group crisis interventions in schools after student's suicide, death in a car accident and teacher's death. Working on coping resources using therapeutic cards (BASIC PH) and grief and bereavement support in school class.

**11.38 – 11.46 Štěpán Vymětal**

**Ministry of Interior of the Czech Republic**

**Charles University in Prague**

**Representative of the Union of Psychologists association of the Czech Republic**

**Andrea Šíchová**

**Charles University in Prague**

**‘Psychological aspects of radicalization – results of research in Czech prison population’**

The research maps the characteristics of individuals in potential risk of radicalization in Czech prisons. The sample of 67 people is composed only of men, average age is 34 years. Nearly half of the cases involves right-wing radicalization, in one third of cases individual non-specific radicalization is identified, and Islamic and left-wing radicalization is represented in low percentage of cases. In the sample, we can observe a high rate of unemployment, previous criminality, low level of education, childhood behavioral problems, under-average intellect, increased aggression, or impulsivity. Dissociative personality, identity problems, or mental health issues are also very common.

**11.46 – 12.00 Zora Vansteenkiste**

**V-Europe, Belgium**

**‘V-Europe, association of Victims of Terrorism - created by the victims for the victims’**

United by the explosions at Zaventem Airport and in Maelbeek Metro station on 22nd of March 2016 Brussels, Belgium. United by the “great silence”. The specific problem was the absence of coordinated help, especially psychological...

Lesson learned. Do we stand together stronger today? Where we are after the first year of association? Victims needs today (577 days after)... Psychological aspects of secondary victimisation. Can we ever be prepared?

**12.00 – 12.15 Lucia Formenti**

**Psychotherapist at the Psychotraumatology Research Center in Milan-Italy**

**Representative of EMDR Europe**

**‘Dealing with the aftermath of the earthquake in central Italy: early intervention and psychological support with EMDR therapy’**

During the presentation the emergency response that EMDR Italy has been developing in the last months after the earthquake that hit central Italy will be described and data about the effectiveness of the treatment will be shown.

**12.15 – 12.30 Claudia Schedlich**

**Crisis and Disaster Psychologist, Representative of BBK, Germany**

**Gisela Zurek**

**Crisis and Disaster Psychologist, Representative of BBK, Germany**

**City of Düsseldorf**

**‘Needs of disabled people in disasters – results of EUNAD IP project’**

Will be presented: Results of European project focused on people with different disabilities in disaster and post disaster settings.

**12.30 – 13.00 Discussion**